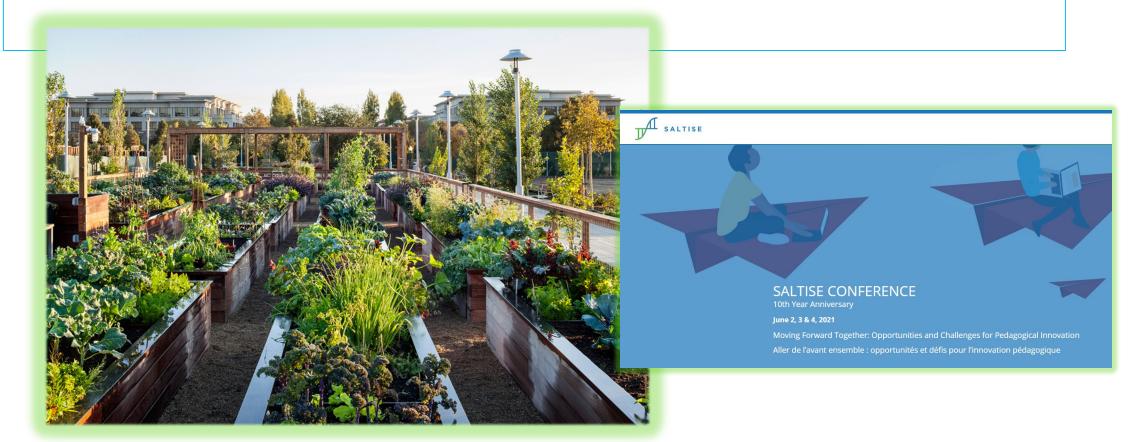
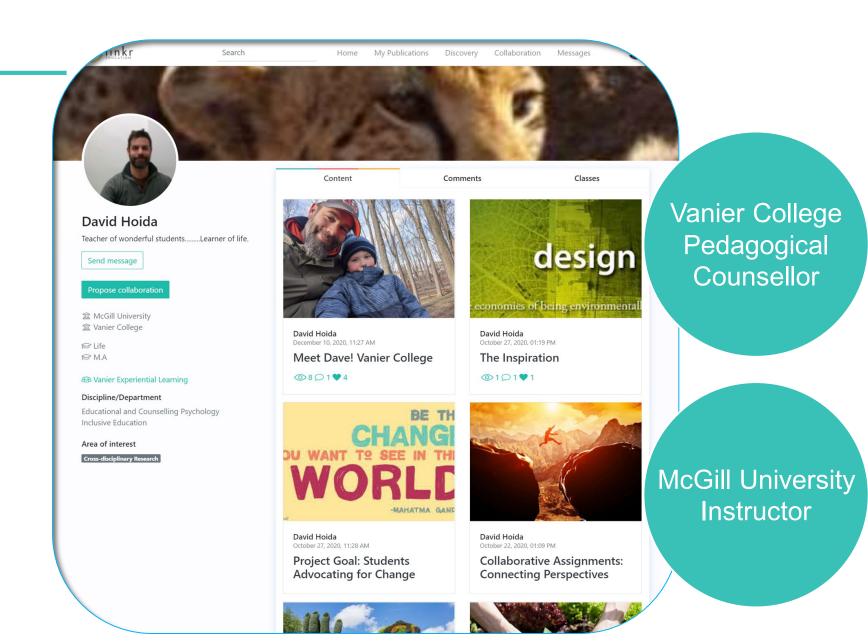
Sustainability in Action:

A virtually supported inter-disciplinary, multi-college collaboration towards campus green-space expansion



Dave Hoida



ECQ grants 2020 and 2021



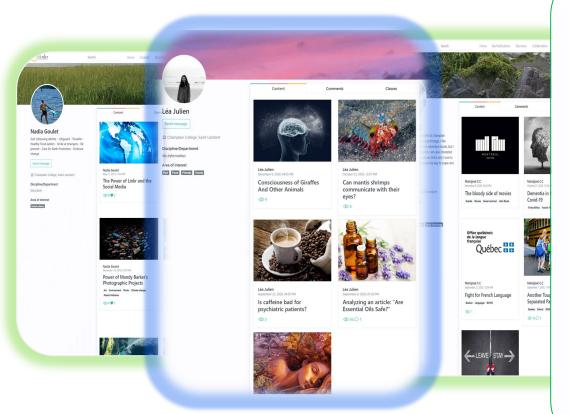
Le ministère de l'Enseignement supérieur du Québec assume le financement de ces projets en utilisant les contributions prévues à l'Entente Canada-Québec relative à l'enseignement dans la langue de la minorité et à l'enseignement des langues secondes.

Experiential Learning



Experiential Learning

Portfolios, Profiles and Publishing: Facilitating Experiences & Empowering Individuals Through Dialogue



RJ Rachel Jacob

Pandemic Habits



The 7 Habits of Highly Effective Teenagers by Sean Covey is a book that transformed my thinking during my teenage years. However, I was unable to actually adhere to the habits that I developed using the tips and tricks in the book. I often blamed it on my hectic school schedule and participation in several extra-curriculars. At 21 years of age, as a final year university student back home in the middle of a pandemic and global lockdown, I found myself with plenty of hours and days on hand. I have heard that it takes 21 days to form a habit. However, I have had 8 months and still counting. Yet, I have not been able to develop a real pandemic habit with the exception of my sleeping in until right before the start of online classes. However, the situation was not all a lost cause.

In the initial days of the lockdown, I struggled with anxiety and extremely deprecating thoughts whenever I considered my career options and possibilities. This was in spite of having a clear career path chosen by me, waiting for me to merely start working upon it. So, what was really lacking?

The answer was A ROUTINE, i.e. habits. I have always been accustomed to having a particular routine for my daily activities. It was a habit instilled by my parents and honed by me during my university years. Now that my brain suddenly found itself in a situation that was neither a vacation nor a workday, it sort of lost its train of thought and my routines disappeared into thin air. My mental health took a toll due to this and rightly so, in the midst of a pandemic keeping your sanity was a humongous task. It was during one of those unhappy and unproductive days that I came across the Sean Covey book sitting in my bookshelf. I thought that no better time than right now to try out forming better

Visible to the world!



Visible to all linkr users



Visible to the class and Partner classes!

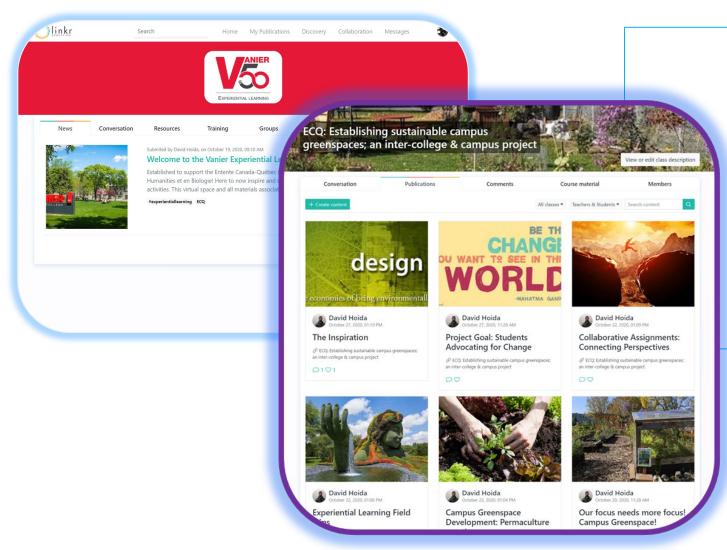


Visible only to the teacher



Scalable Privacy

Vanier Experiential Learning



3R Linked (Collaborative)
Learning Experience

- Read
- Reflect
- Respond

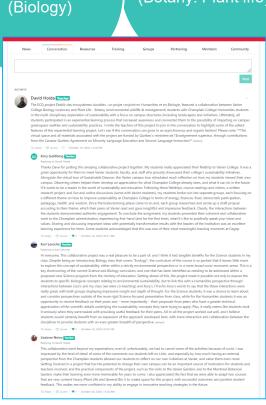
Inter-Institutional & Interdisciplinary

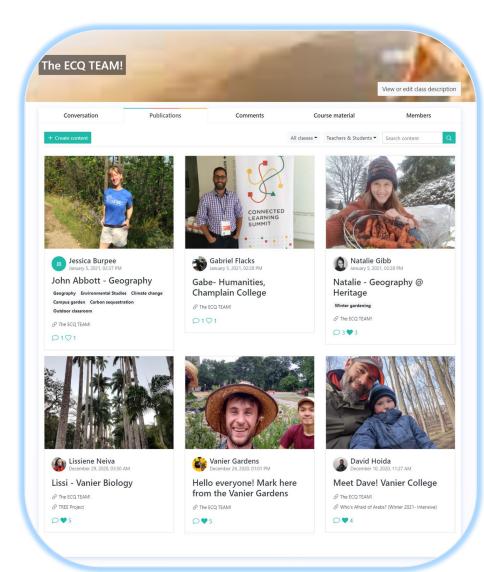
ECQ - Experiential Learning Adventure Team!



Karl Laroche (Biology)

Lissiene Neiva (Botany: Plant life)





Champlain College

- Gabriel Flacks
- Genevieve Aboud

Heritage College

- Natalie Gibb
- Tony Picard
- Jillian Clarke

John Abbott College

- Jessica Burpee
- Kelly McKinney

Vanier College

- Lissiene Neiva
- Mark Reynolds

ECQ Collaboration:

Vanier, Champlain, John Abbott and Heritage Colleges

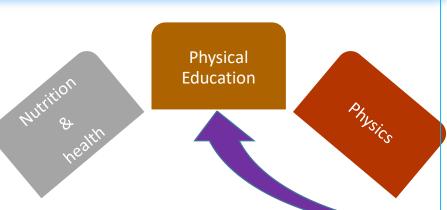
Integrate & Enrich

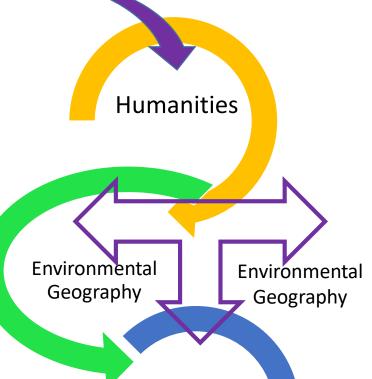


- Humanities
- Environmental Geography
- Biology
- Botany
- Physics
- Physical Education

Vanier College Gardens







Botany & Biology





Ian Ward and Sarah Rennie on small scale organic farming for G. Aboud's Env Geog class, April 22, 2021

Sustainable development #organic Farming
Sustainable farming





Stephanie Watt on urban sustainability and on being a city councillor in Montreal

Urban sustainability

The ECO TEAM

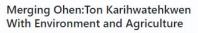




Different Types of Farming Are Important For Differen Reasons

0.00









This talk was presented by Valerie Karonhiarakoven Gabriel during our Plant Life class on March 2nd. What were your take home messages from it? What was something new you've learned today, or how do you think it connects with this or any other course you've taken so far in your program? How does it connect to the posts on permaculture projects in school? I'm looking forward to reading what you have to Saron.

Agriculture Agroecology Indigenous ways of knowing

https://www.linkreducation.com/fr/content/merging-ohenton-ker/hwetehkwen-with-environment-and-agriculture/40

Comments





Merging Ohen:Ton Karihwatehkwen With Environment and Agriculture

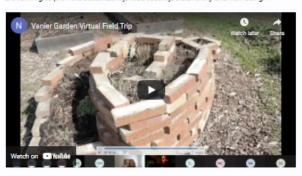
Agriculture Agroecology

Indigenous ways of knowing

Vanier Gardens Virtual Field Trip



On May 4th, Mark Reynolds led our Environmental Geography class on a virtual tour of the Vanier College Gardens. We learned about all the projects - from a food forest, to mushroom logs, vegetable boxes, a poison garden, and more - that the Vanier Gardens are running to promote sustainability, food security, biodiversity and well-being.



Here are a few quotes from students who participated in the virtual field trip:

Ehsia

"During the Virtual Field Trip, I learned more about permaculture. This was fascinating to me. Mark showed a spiraling brick build they have in the Vanier college garden that is inhabited by numerous plant species. The purpose for the brick build to be in a spiral and have different levels, is so it can foster different plants that require different micro climates. This particular brick build is excellent to maximize biodiversity in a single plat."

Evelynn

"One thing I learned about myself when visiting the Vanier gardens is that I need to do more for our ecosystems. I have always thought I was very ecofriently and that I had a positive impact on our planet. This field trip has made me realise I could, and I should be doing much more than I currently am. I see these people gardening during free time at school and creating something positive and I feel I should do more to join this 'movement."

