



**Postdoc**  
Academy

Putting your (Career) Plan  
into Action!

Concordia 2020



**Postdoc**  
Academy

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## **The Postdoc Academy: Succeeding as a Postdoc**

- Finding Success as a Postdoc
- Building an Actionable Career Plan
- Working Effectively in an Intercultural Environment
- Developing Resilience

SPRING 2021

## **The Postdoc Academy: Preparing for a Successful Career**

- Leadership
- Managing people
- Applying Teaching Skills
- Project Management
- Communication Skills
- Preparing job materials

SUMMER 2021

# Learning Communities

Small group of postdocs meeting in-person while taking the Massive Open Online Course (MOOC)

- Build connections, enhance learning
- Facilitated by a postdoc, faculty, staff, etc
- Training for facilitators: associated with NPA meeting 2021

**You could host a learning community next summer!**

*<https://www.postdocacademy.org/facilitate/>*

# Icebreaker activity: Getting to know the community

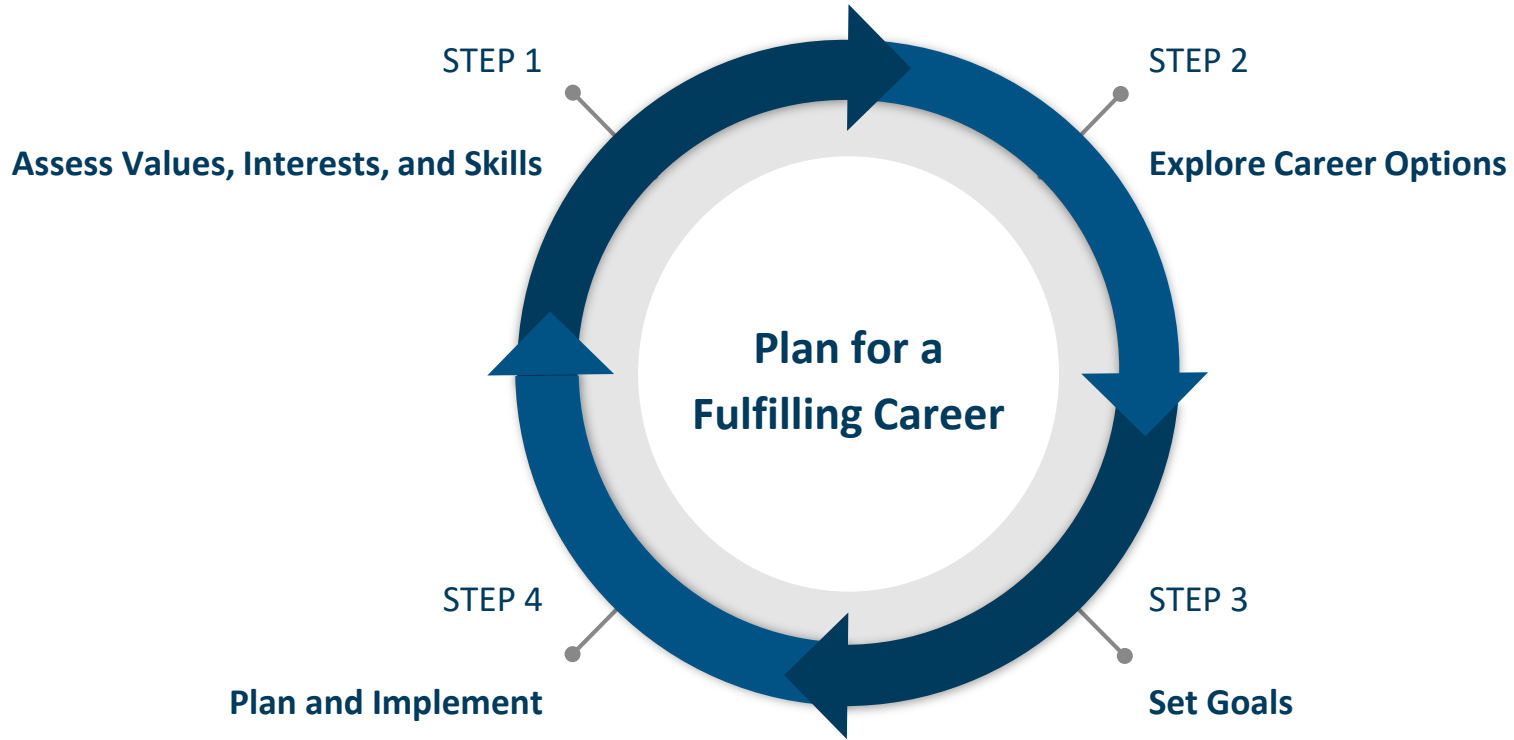
Introduce yourself to your breakout room.

Talk about what job you wanted to hold when you were a child and why you are choosing your current career path.

# Learning Objectives

- **Explore** different types of career planning tools and recognize strategies to use them effectively
- **Describe and prioritize** your goals for your postdoc position
- **Draft** a career plan, mapping goals onto a timeline and the milestones you need to achieve in order to be successful
- **Integrate** the career planning process and reflections into day-to-day practice

# *Tips, Tricks, and Tools*



# Tips, Tricks, and Tools







**Career Objective:**

**Goal 1:**

**Goal 2:**

**Goal 3:**



Can be a job, or an overarching interest or value,  
or some combination of both

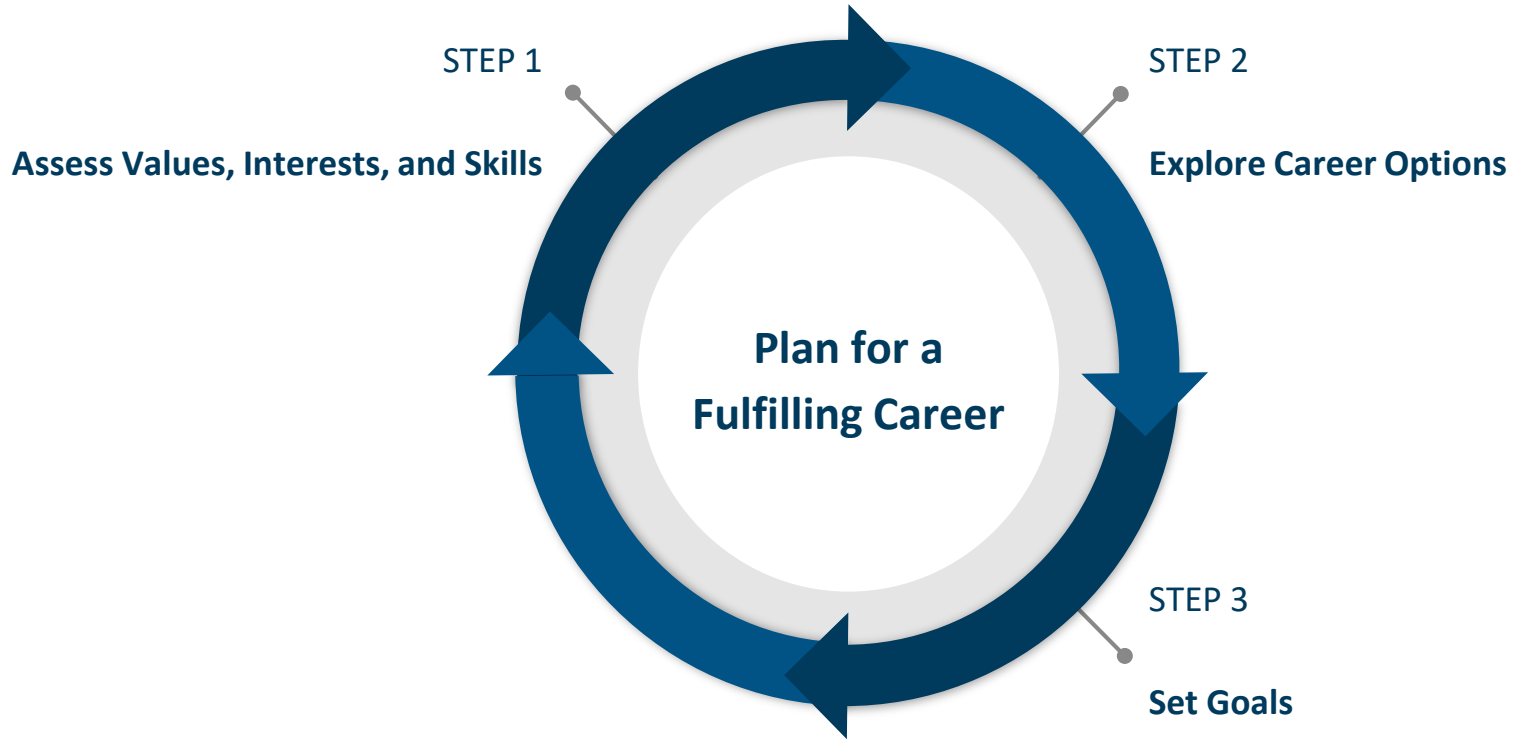
**Career Objective:**

Create impact in the world through connecting scientific research to policy-making

**Goal 1:**

**Goal 2:**

**Goal 3:**



**S**

Specific



Clear and  
concise goals

**M**

Measurable



Ability to  
track progress

**A**

Attainable



Challenging,  
yet achievable

**R**

Relevant



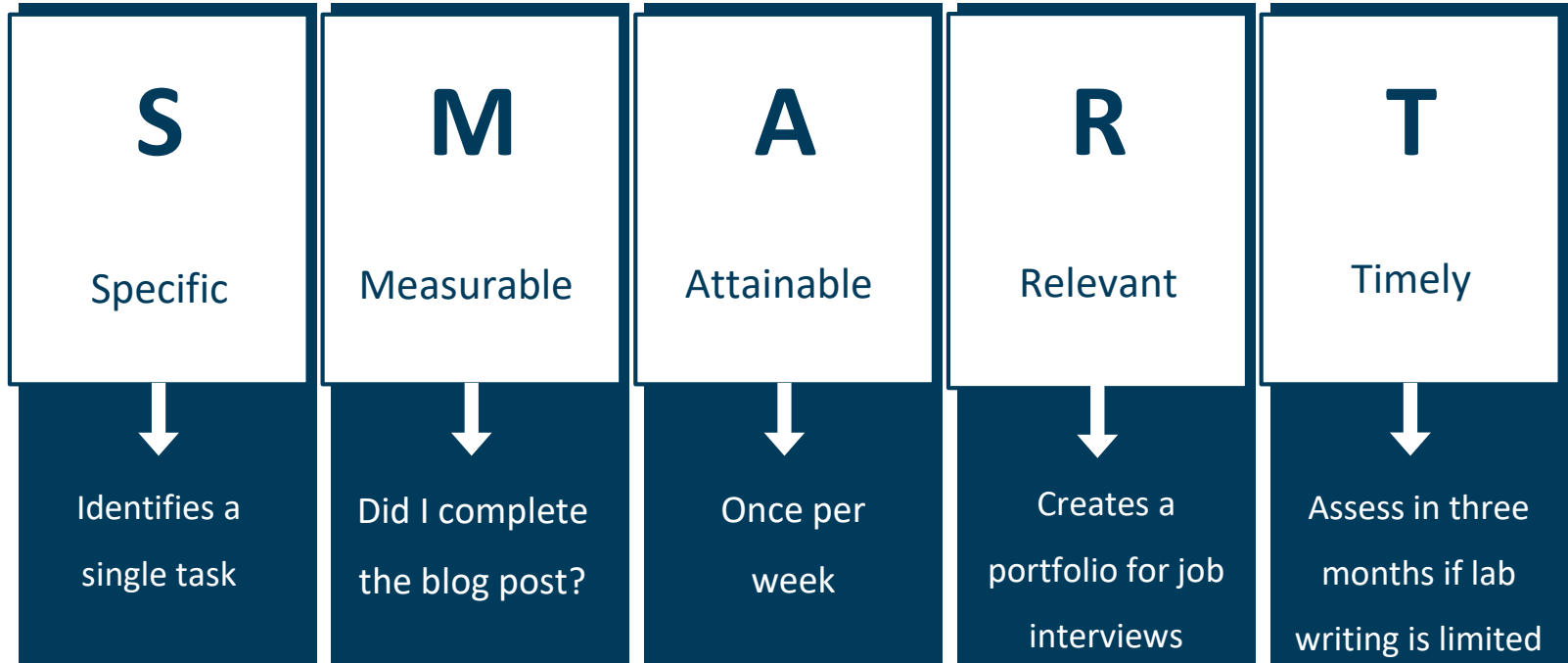
Links to career  
objective

**T**

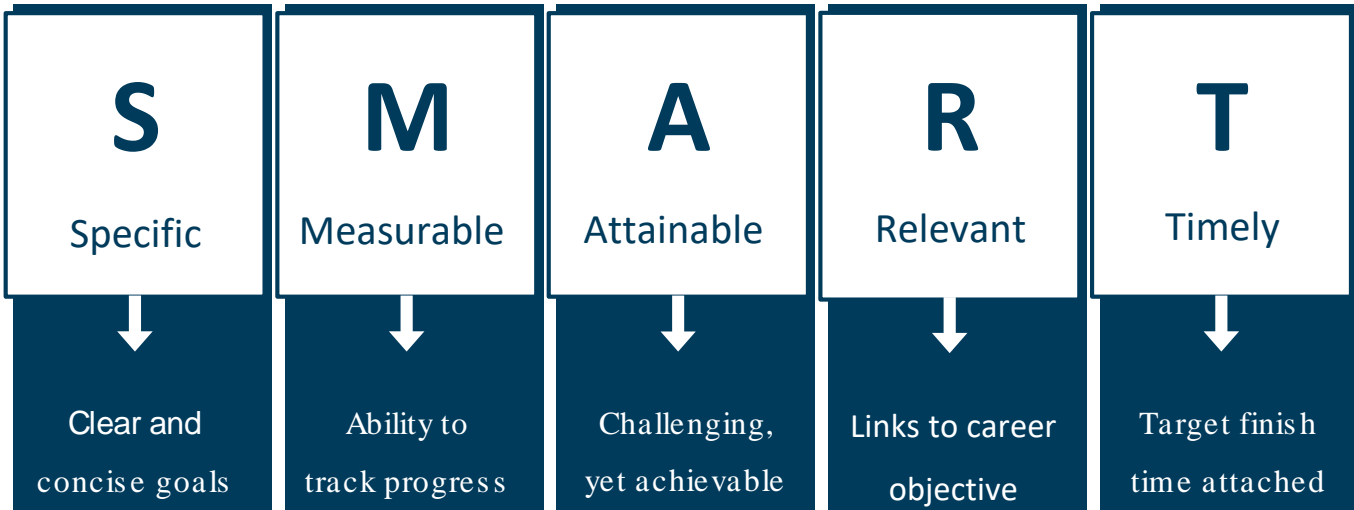
Timely



Target finish  
time attached



**My Goal: Write one citizen science blog post per week.**



**Career Objective:**

Goal 1:	Goal 2:	Goal 3:
<p style="text-align: center;">S □ M □ A □ R □ T □</p>	<p style="text-align: center;">S □ M □ A □ R □ T □</p>	<p style="text-align: center;">S □ M □ A □ R □ T □</p>

# Map your Goals into a Career Plan

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**Goal 1:**

---

Explore careers in  
industry

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**S □ M □ A □ R □ T □**

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**Subtasks:**

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Research job  
categories

Informational  
interviews

Update resume  
and identify skill  
gaps

# Map your Goals into a Career Plan

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**Goal 1:**

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Explore careers in  
industry

Think about:

- What does success look like?
- What will help you achieve each goal?
- What challenges might you face?

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**S □ M □ A □ R □ T □**

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**Subtasks:**

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Research job  
categories

Informational  
interviews

Update resume  
and identify skill  
gaps



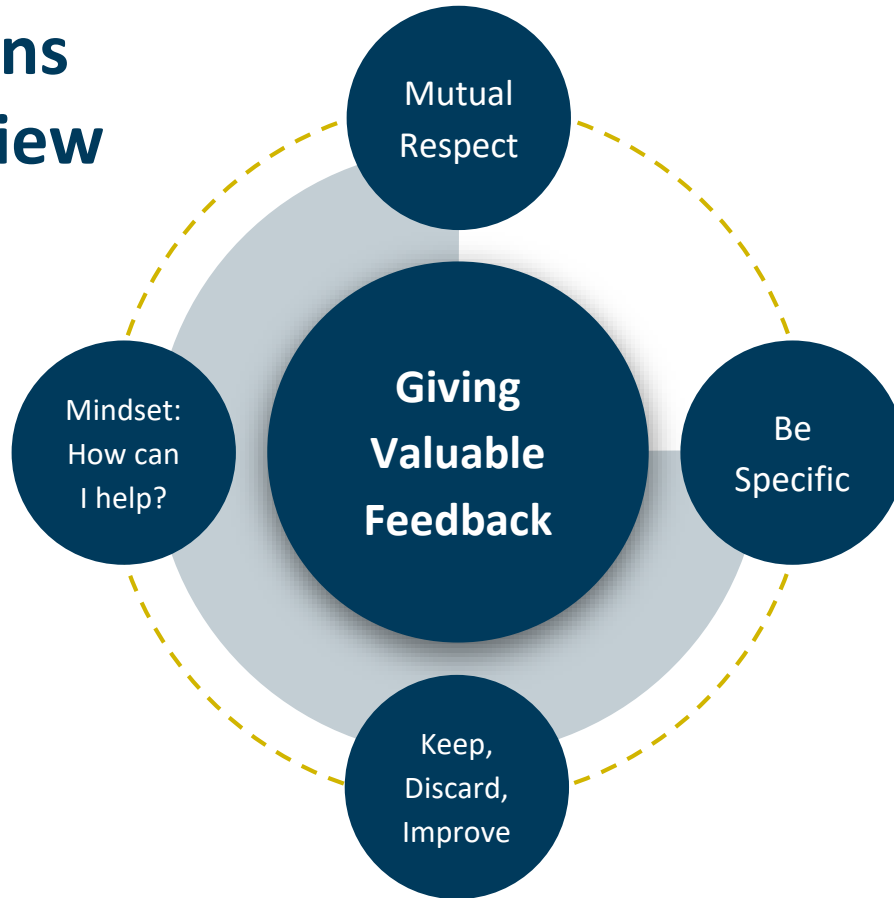
# Map your Goals into a Career Plan

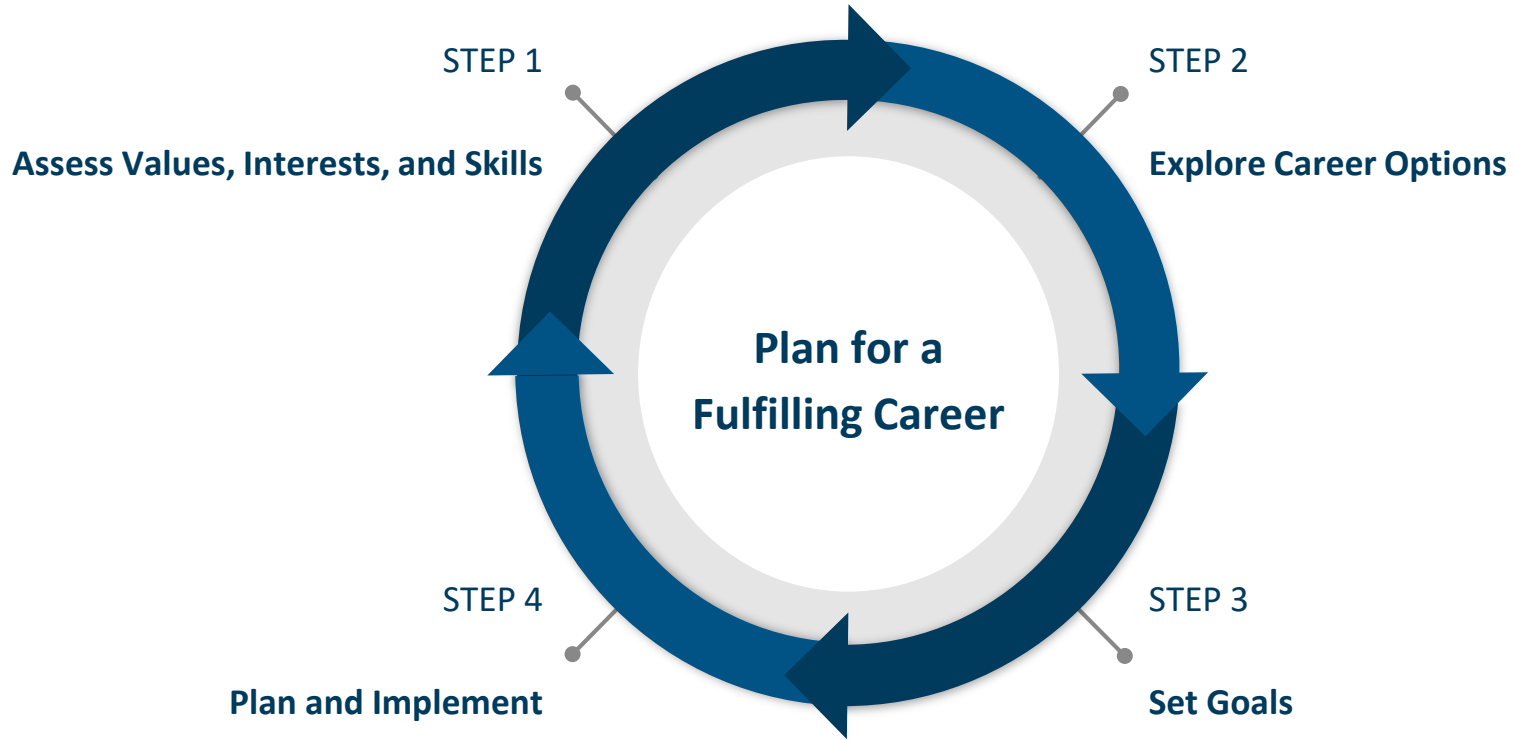
	Subtasks:		
<b>2019</b>			
January			
February			
March			
April			
May			
June			
July			
August			
September			
October			
November			
December			

# Map your Goals into a Career Plan

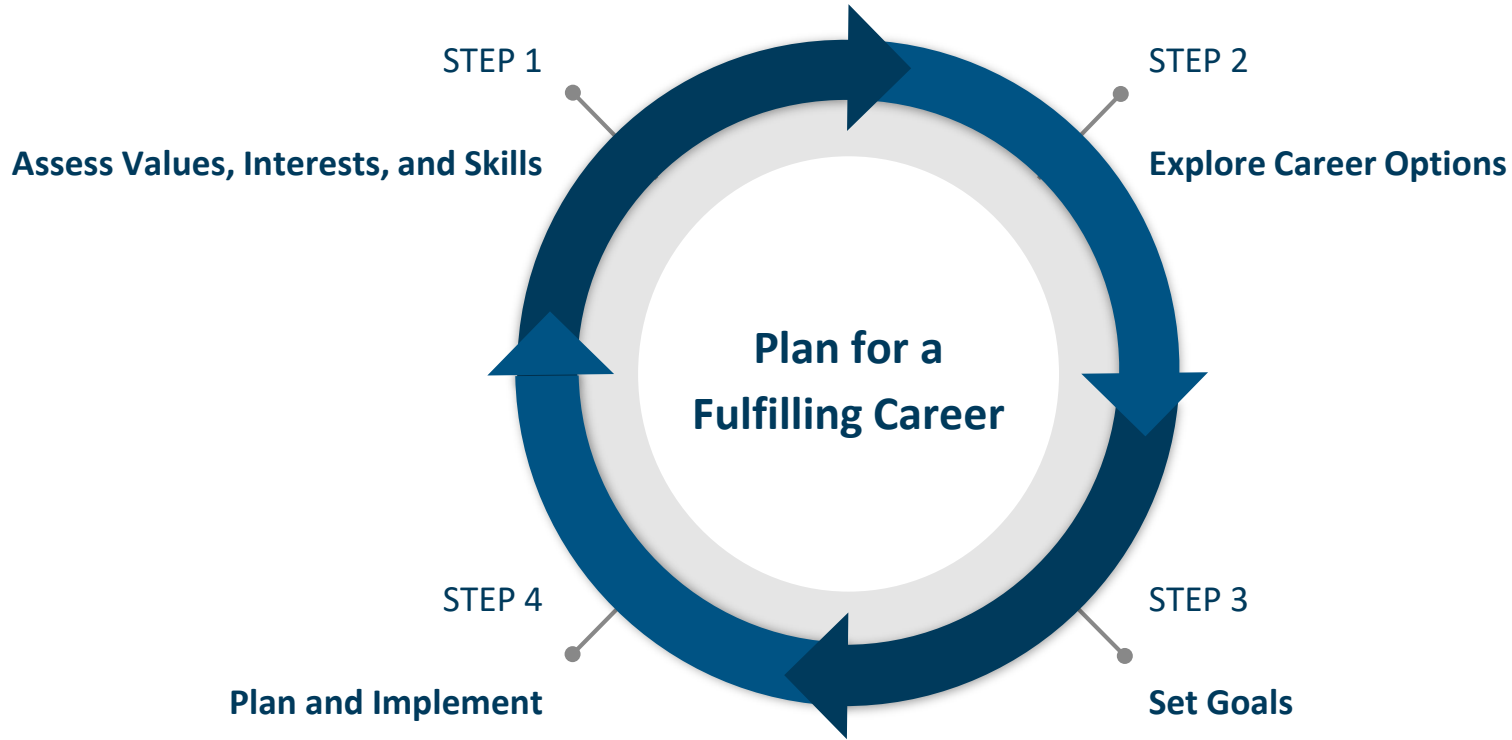
	Subtasks:		
	Research job categories	Informational interviews	Update resume and identify skill gaps
2019			
January			
February			
March	X		
April		X	
May		X	
June		X	X
July			

# Take 10 mins for peer review





# What are your next steps?





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## Post-Workshop Survey:

[https://bostonu.qualtrics.com/jfe/form/SV\\_1NX03hRrA8Gks4d](https://bostonu.qualtrics.com/jfe/form/SV_1NX03hRrA8Gks4d)